

TEENS NEWS DATES FOR THE UPCOMING TERM AND OTHER EVENTS

CAMPS: Halloween Teens Camp 13.45 – 5.45 29th of October to 1st of November

Always a whole lot of fun and a great opportunity to make huge strides in your training and set you sights on testing. Coach Paul attends 4 or 5 camps annually to get over training plateaus and make his advancements even after 40+ years of training!

- Lots of sparring
- Lots of fun and we will start your Halloween day off with a Halloween Party
- Focus upon Self Defence – Coach Pauls A+ Self defence Program
- Belt grading on the Friday afternoon of this camp and the chance to earn merits to qualify for you next grading date in December.

Choose 'Camps' <https://www.themartialartsacademy.com/book-online>

Spaces Limited!

SANDA COMPETITION: October 5th, we will enter a team into an event running in Ballbriggan. Those who have been training regularly over the summer months and are ready will be invited to join our team!

SEMINARS: Autumn YMAA Seminar with Master Pedro Rodrigues and Master Robert Was – 15th to 17th November 2024

Our Autumn Seminars is one of the highlights of our year with the chance for our older members (16+) and advanced members (Green sash and higher) to test for their international stripes (or part of the level) or to train with two of the great masters of our Time and prepare for the next International stripe in Spring Time!

Choose 'Seminars' <https://www.themartialartsacademy.com/book-online>

BLACK SASH GRADES: Long time students Matthew Mc Coy will step up for the ultimate test on the 14th of September and on the 14th of December Conall Keane and Mathias Beck will hope to make it 20 Black Sash members in the long history of our club!

CLUB GRADINGS: 7th of December at 12

If you are planning to complete your next grade, please be sure to earn your merits at class or at the Halloween camp between now and then and apply to test by telling Coach Paul at class.

PIZZA AFTERWARDS!!!!!!

HOME PRACTICE: We have an online tutorial program to help those working on their White to Green belt. There is also other resources to help with studying the program and prepare for up coming grades!

UNIFORM AND EQUIPMENT: <https://www.themartialartsacademy.com/shop>

Please be sure to wear full uniform (club teeshirt and kung fu trousers) to every class! Items ordered can be collected at the academy. No uniform no grades!

WHATSAPP GROUP: Join the group here:

<https://chat.whatsapp.com/JciOCCV8G3SEx22izxn13X>

CLASSES OF TERM (keep track of dates for your records).

- Saturday Sept 7th, 14th, 21st, 28th Oct 5th, 12th, 19th, 26th Nov 2nd, 9th, 23rd, 30th
Dec 7th, 14th, 21st

- Monday Sept 2nd, 9th, 16th, 23rd, 30th Oct 7th, 14th, 21st Nov 4th, 11th, 18th, 25th
Dec 2nd, 9th, 16th

- Tuesday Sept 3rd, 10th, 17th, 24th Oct 1st, 8th, 15th, 22nd Nov 5th, 12th, 19th, 26th
Dec 3rd, 10th, 17th

- Wednesday Sept 4th, 11th, 18th, 25th Oct 2nd, 9th, 16th, 23rd Nov 6th, 13th, 20th, 27th
Dec 4th, 11th, 18th

- Thursday Sept 5th, 12th, 19th, 26th Oct 3rd, 10th, 17th, 24th Nov 7th, 14th, 21st, 28th
Dec 5th, 12th, 19th